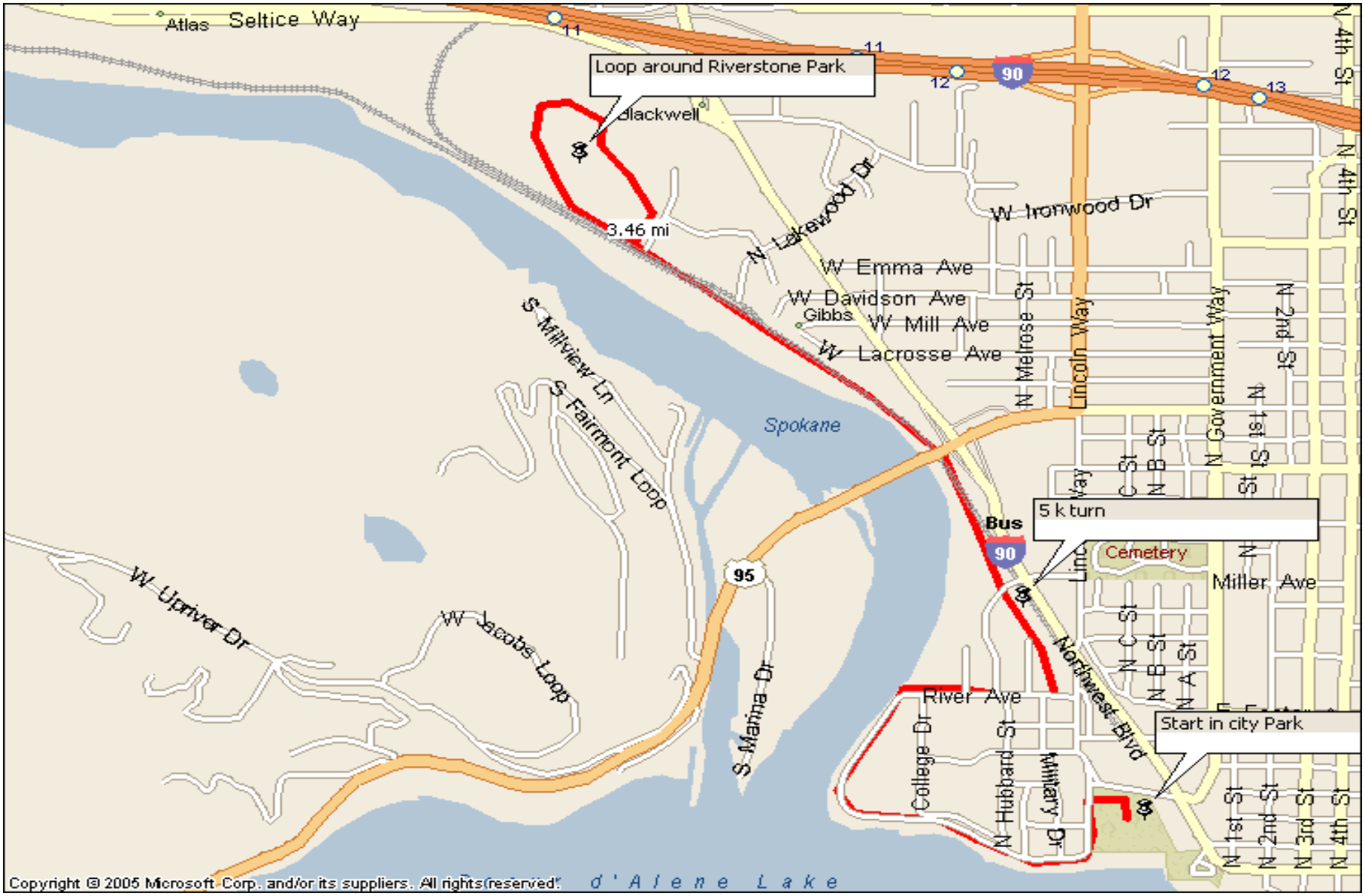Coeur d Alene Triathlon/Duathlon Run Course